



PRESENTATION HANDOUT



Women Leaders in Higher Ed: We Can Do It All!

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The image shows a large, empty lecture hall or auditorium. The seats are arranged in rows, and a set of stairs leads to a higher level in the background. A prominent blue horizontal band is overlaid across the middle of the image, containing the text "But, do we have to?" in white, bold, sans-serif font. The overall scene is dimly lit, emphasizing the emptiness of the space.

But, do we have to?



The Glass Ceiling

Glass Ceiling Beliefs

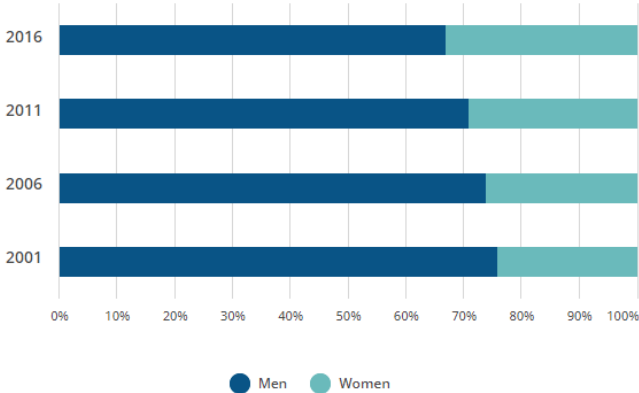
Which of these statements resonates with you?

- Resignation – “Being in the limelight creates many problems for women.”
- Acceptance – “Women are just as ambitious in their careers as men.”
- Resilience – “Higher Education qualifications will help women overcome discrimination.”
- Denial – “Women who have strong commitment to their careers can go right to the top.”

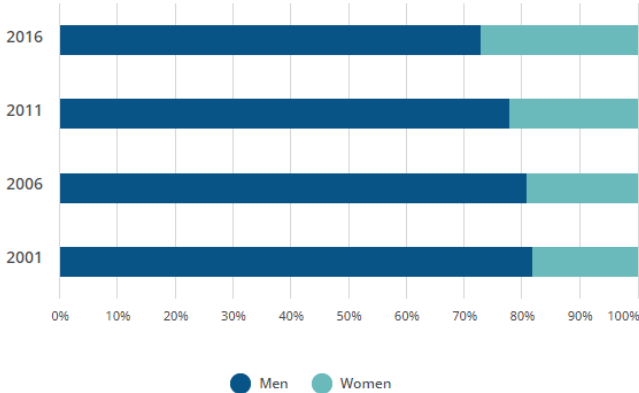
By the numbers

Women in Presidents in Higher Education

Public



Private



Women leaders in higher education

It's a popular topic!

Google search results

3,600,000,000



Panel Discussion

Resources

Websites

- Women in Higher Education – www.wihe.com
- AAUW – American Association of University Women – <https://www.aauw.org/>
- HERS: Women Leaders in Higher Education – www.hersnetwork.org
- Pay It Forward –
- Women’s Leadership Institute - <https://www.acui.org/wli>

Resources

Books/Podcast/Blogs

- The Awesome Human Project – Nataly Kogan (Book and Podcast)
- [Women in Higher Ed Leadership](#)
- RNL Blogs - [Stories of Mentoring](#) & [Women of Higher Ed](#)

Tips and Tricks

A few ideas to share

- Reflect on your experiences
 - Gratitude journal – 3 things each day that you are grateful for
 - Roses and Thorns Exercise
- Do what you love
 - Reading an actual book vs using Audible to find a way to read the book you love
- Self-Care is important
 - Take a bath, get a pedicure, get a massage, find time for yourself regularly
- Join a Network
 - Would you be interested in continuing the conversation with us on a monthly basis?



Thank you!

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